



Adventure Resources And Promotion Services, along with the Outdoor Training College are divisions of Above & Below Adventure Company, Registered Training Organisation Number: 90473

In conjunction with Above and Below Adventure Company Pty Ltd we deliver quality First Aid Courses to the Outdoor Recreation , sport and recreation, community recreation Industry

- Senior First Aid
- Resuscitation (CPR)
- Remote First Aid (Wilderness)
- Epi Pen Administration



Division of Above & Below Adventure Company



ARAPS

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First Aid Courses for all industries



ARAPS
Adventure
Resources And
Promotion Services

First Aid Flexible Learning Solutions

THROUGH OUR E-LEARNING SOLUTIONS WE OFFER A NUMBER OF
FIRST AID COURSES THROUGHOUT AUSTRALIA

Apply First Aid

This course is designed to impart knowledge and skills and also teaches the fundamental principles to enable appropriate emergency care for injuries and illness until medical assistance arrives, whether in the workplace or home.

On successful completion of this course participants will be issued with a Statement of Attainment for the nationally recognised unit of competency

HLTFA301B Apply First Aid

Delivery Details

Flexible Learning – E-learning prior to the course, plus ½ a day assessment including demonstration of practical skills, role plays and case studies.



COURSE CURRENCY

Current Industry Standards are for Senior First Aid and Remote (Wilderness) First Aid to be re-certified every 3 years.

Resuscitation (CPR) whether as part of the First Aid course or as a standalone unit to be re-certified every 12 months

Resuscitation (CPR)

This course is to teach the skills and knowledge to maintain breathing and circulation following cardiac arrest.

On successful completion of this course participants will be issued with a Statement of Attainment for the nationally recognised unit of competency:

HLTCPR201A Perform CPR

Administer Epi Pen

This course teaches the skills and knowledge to understand when the need to administer an Epi Pen is required, how to administer it and then to continue care.

Delivery Details

4 hour course and assessment is through demonstration of practical skills

**Course Costs can be
found on our website:**

www.aboveandbelow.com.au

REMOTE FIRST AID (WILDERNESS)

This course covers a comprehensive range of issues to equip people to deal with the on-going care for those who need it in a remote or wilderness area.

The course is suitable for those who work in the Outdoor Recreation Environment, both professional and volunteers.

On completion, successful participants will have an understanding of the principles and limitations of remote area first aid. They will have the ability to improvise, adapt and overcome difficulties in managing the patient.

On successful completion of this course participants will be issued with a Statement of Attainment for the nationally recognised unit of competency

SISOOPS306A

Provide first aid in a remote location

SISXEMR201A

Respond to an emergency situation

SISXOHS201A

Follow occupational health and safety

Delivery Details

Flexible Learning – E-Learning prior to the course. Then 4 consecutive days training and assessment, including demonstration of practical skills, role plays and case studies.

Pre-requisite

HLTFA301B Apply First Aid



Adventure Resources And Promotion Services (ARAPS)

Division of Above & Below Adventure Company, ABN: 40 930 684 696